GATE OF CONTROL OF CO

HOW TO MEASURE Men's and women's sizes





A - CHEST/BUST

Measure around the fullest part of your chest/bust, keeping the measuring tape horizontal.

B - WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

C - HIPS

Measure around the fullest part of your hips, keeping the tape horizontal.

D - INSEAM

Measure from the top of your inner leg along the inside seam to the bottom of your leg.



SIZE GUIDE Men's size guide body measurements

Men's sizing equivalents

UK Size	XS	S	М	L	XL	2XL	3XL	4XL	5XL
		36							
EURO Size	44	46	48	50	52	54	56	58	60

Men's measurement guide (Inches)

Size (Inches)	XS	S	М	L	XL	2XL	3XL	4XL	5XL
Chest	34 - 36	36 - 38	38 - 40	40 - 42	42 - 45	45 - 48	48 - 51	51 - 54	54 - 57
Natural Waist	28 - 30	30 - 32	32 - 34	34 - 36	36 - 39	39 - 42	42 - 45	45 - 48	48 - 51
Seat	34 - 36	36 - 38	38 - 40	40 - 42	42 - 45	45 - 48	48 - 51	51 - 54	54 - 57
Collar Size	14	14.5 - 15	15.5 - 16	16.5 - 17	17.5 - 18	18.5 - 19	19.5 - 20	20.5 - 21	21.5 - 22
Length - Short	30	30	30	30	30	30	30	30	30
Length - Regular	32	32	32	32	32	32	32	32	32
Length - Long	34	34	34	34	34	34	34	34	34

*Actual inside leg length will vary according to style

Men's measurement guide (cm)

Size (cm)	XS	S	Μ	L	XL	2XL	3XL	4XL	5XL
Chest	86 - 91	91 - 97	97 - 102	102 - 107	107 - 114	114 - 122	122 - 129	129 - 137	137 - 144
Natural Waist	71 - 76	76 - 81	81 - 86	86 - 91	91 - 99	99 - 107	107 - 114	114 - 122	122 - 129
Seat	86 - 91	91 - 97	97 - 102	102 - 107	107 - 114	114 - 122	122 - 129	129 - 137	137 - 144
Collar Size	36	37 - 38	39 - 41	42 - 43	44 - 46	47 - 48	49 - 51	52 - 53	54 - 56
Length - Short	76	76	76	76	76	76	76	76	76
Length - Regular	81	81	81	81	81	81	81	81	81
Length - Long	86	86	86	86	86	86	86	86	86

*Actual inside leg length will vary according to style

SIZE GUIDE Women's size guide body measurements

Women's sizing equivalents

		S								
		8								
US Size	2	4	6	8	10	12	14	16	18	20
EURO Size	34	36	38	40	42	44	46	48	50	52

Women's measurement guide (Inches)

Size (Inches)	XS	9	5	M	1	L	-	х	(L	2XL
Numeric Size	6	8	10	12	14	16	18	20	22	24
Bust	30 3/4	32 1/4	34 1/4	36 1/4	38	40 1/4	42 1/2	45	47 1/4	49 1/2
Natural Waist	24	25 1/2	27 1/2	29 1/2	31 3/4	34	36 1/4	38 1/2	41	43 1/4
Hips	33 3/4	35 1/2	37 1/2	39 1/2	41 1/2	43 1/4	45 1/4	47 1/2	50	52 1/2
Length - Short	30	30	30	30	30	30	30	30	30	30
Length - Regular	32	32	32	32	32	32	32	32	32	32
Length - Long	34	34	34	34	34	34	34	34	34	34

*Actual inside leg length will vary according to style

Women's measurement guide (cm)

Size (cm)	XS	9	5	ľ	M	L		х	Ĺ	2XL
Numeric Size	6	8	10	12	14	16	18	20	22	24
Bust	78	82	87	92	97	102.5	108	114	120	126
Natural Waist	61	65	70	75	80.5	86	92	98	104	110
Hips	86	90	95	100	105	110	115	121	127	133
Length - Short	76	76	76	76	76	76	76	76	76	76
Length - Regular	81	81	81	81	81	81	81	81	81	81
Length - Long	86	86	86	86	86	86	86	86	86	86

*Actual inside leg length will vary according to style

HOW TO MEASURE Glove size guide



Ensure that the guide is not printed using your computer's "scale to fit" function. Print with the scale set to 100%, which will ensure the guide is printed to size. To test the results, place a ruler against

This illustration should offer a close approximation of your size if you don't have a tape measure to hand. Align the bump on the outside of your left wrist, the end of the ulna bone, with the base of the diagram. Ensure the vertical line aligns with your little finger

5CM

4CM

3CM

2CM

1CM

SIZE GUIDE Hand & boot size guide measurements

Hand size guide

Size		XS	S	М	L	XL	2XL	3XL
Size Numeric	Inches	6	7	8	9	10	11	12
Hand Circumference	(cm)	15	18	20	23	25	28	30
Hand Length	(cm)	16	17	18	19	20	22	23
*EN 420:2003								

Men's boot size guide

EURO	36	37	38	39	40	41	42	43	44	45	46	47
UK	3	3	5	6	6.5	7	8	9	10	11	12	13
US	4	5	6	7	7.5	8	9	10	11	12	13	14

Women's boot size guide

EURO	36	37	38	39	40	41
UK	3	4	5	6	7	8
US	5	6	7	8	9	10



